

Guidelines Covering COVID-19 Countermeasures during the Tokyo 2020 Olympic Torch Relay

25 February 2021

These guidelines set out basic measures designed to ensure the safety and security of all participants in the Tokyo 2020 Olympic Torch Relay (“OTR”), including spectators, torchbearers, operations staff, and local residents, and they also cover the appropriate responses if someone is unwell or taken ill. The contents are based on the interim summary of proposed measures presented at the Coordination Meeting for COVID-19 Countermeasures at the Olympic and Paralympic Games Tokyo 2020 and the Government of Japan’s COVID-19 infection control measures. Stakeholders involved in the Tokyo 2020 OTR should consider specific measures in accordance with these guidelines, where appropriate in consultation with the Health Departments of the individual prefectures. Please be aware that Tokyo 2020 and the Government of Japan may subsequently make adjustments in terms of the direction and basic implementation of these guidelines.

Please note that some of the contents may be revised as further experience is gained and/or in line with the infection status in each region.

1. Specific COVID-19 Countermeasures

(1) Basic measures

- ① Avoidance of the 3Cs (Closed spaces, Crowded places, Close-contact settings)
- ② Prevention of infection spread by droplets and/or physical contact
- ③ Thorough disinfection
- ④ Comprehensive health management and checks
- ⑤ Detailed communication
- ⑥ Development of a response plan in cases where persons become infected or are suspected of being infected

(2) Specific actions in accordance with the basic measures

① Avoidance of the 3Cs (Closed spaces, Crowded places, Close-contact setting)

- a) Countermeasures to be adopted at enclosed spaces such as indoor ceremony venues, vehicles, waiting rooms, lunch places (regular ventilation, etc.)
- b) Maintaining of physical distancing to avoid crowding (minimum distance between individuals)
- c) Countermeasures to avoid crowding (See “2. Location-Specific Countermeasures”)

② Prevention of infection spread by droplets and/or physical contact

- a) All Olympic Torch Relay participants should as a rule wear masks (although heatstroke prevention is to be considered) and refrain from having loud conversations. Spectators at roadsides and at Ceremonies will be encouraged to applaud rather than cheer.
- b) Measures to prevent infection by exhaled droplets infection are to be taken where person-to-person contact is expected at reception and sales counters (masks should be worn, and acrylic dividers or transparent protective vinyl curtains should be installed where necessary).

③ Thorough disinfection

- a) Facilities should be provided allowing all OTR participants (except roadside spectators) to wash or disinfect their hands frequently (e.g. hand sanitisers with signs posted urging participants to use these).
- b) A hygienic environment should be maintained in areas that are easily accessible by many people (via regular cleaning and disinfection, etc.).
- c) Infection control measures should be taken when cleaning venues. (rigorous use of gloves and masks, thorough cleansing and disinfecting of hands & fingers, gargling, etc.).

④ Comprehensive health management and checks

- a) It should be ensured that all those feeling unwell refrain from participating (the temperature of all OTR participants, with the exception of roadside spectators, will be checked at entrances and at meeting areas, etc.)

- b) All OTR participants should be advised in advance to refrain from participating if they have experienced any of the following, or if any of the following has occurred, within the prior two weeks:
- a fever
 - cold symptoms, such as a cough or sore throat
 - fatigue or shortness of breath
 - partial loss of smell or taste
 - feeling of exhaustion
 - close contact with someone who has tested positive for COVID-19
 - close contact with a family member or someone they reside with or close friends or acquaintances who are suspected of being infected
 - travel to, or close contact with a resident of, a country or region in respect of which the Government of Japan has imposed travel restrictions or requires an observation period after entry
 - in the case of torchbearers, cast members/performers or operation staff, where it is determined that their health has not been properly managed or is not under control.

⑤ Detailed communication

- a) Precautions to be taken at roadsides, at venues and at Celebrations following relay segments should be communicated in advance by means of public announcements and via websites, etc.
- b) The public should be instructed appropriately (e.g., by means of signs and/or guidance by OTR operation staff) to ensure that they take all appropriate infection control measures.

⑥ Development of a response plan in cases where persons become infected or are suspected of being infected

- a) After consultation with the appropriate Health Department, a contingency plan should be formulated in conjunction with the relevant prefectural task forces and other stakeholders containing measures to be taken if any participants feel unwell on the day or are found to be infected afterwards.

- b) Based on the contingency plan, processes for providing consultation and medical care for those who are not feeling well should be formulated.
- c) Keeping track of participants (See “**2. Location-Specific Countermeasures**”)
- d) Promoting the use of contact-tracing application and notification services that are being worked on each region.

2. Location-Specific Countermeasures

(1) Relay route roadsides

- Roadside spectators should be advised in advance to observe infection countermeasures such as avoiding crowding along the roadside, not watching the relay from the roadside if they feel unwell, wearing a mask, and not shouting or cheering, etc., via websites, social media, public relations materials and public information boards. OTR operation staff should actively remind them of these measures as much as possible on the day.
- In order to avoid congestion along roadsides, organisers should consider limiting disclosure to the public of the details of torchbearers' running routes.
- Signage urging people to avoid the “3Cs” should be displayed as far as possible.
- The public should be informed that they can watch torchbearers' journeys via live streaming.
- Appropriate protective measures should be taken when Tokyo 2020 OTR partners' goods are being distributed or handed out; as many spectators may gather along relay routes aiming to receive these, operation staff should wear masks, maintain appropriate distance between themselves and spectators, frequently disinfect their hands, and refrain from calling out or shouting. In addition, OTR partners and Tokyo 2020 will discuss alternative means of delivering items, such as distributing them in advance or by mail.
- Along roads that are likely to be crowded with spectators or that are too narrow to allow pedestrians to pass, measures should be taken to avoid crowding, such as cordoning off road sections and assigning staff to warn people in advance.

(2) Ceremonies

- These should be implemented in line with government event restrictions in force at the time.

- The admission of Ceremony visitors should be controlled, in principle by requiring them to book in advance so that numbers can be monitored. Prefectural task forces will review and decide the precise measures that need to be implemented at each venue with reference to its location.
- Appropriate measures should be taken to prevent visitors (other than those with reservations) and general passers-by from crowding the areas around venues.
- Consideration should be given to the entrance of Ceremony venues, queues for the booths at venues, and ensuring physical distancing of at least one metre (preferably two metres during viewing of the stage performances).
- Measures to avoid congestion such as the imposition of one-way traffic flows should be considered.
- Staff should be assigned to alert people to take necessary precautions, such as wearing masks and maintaining an appropriate distance from each other.
- If necessary, people should be cautioned regarding their use of public transport, for example to avoid rush hours.
- Cast members and performers should in principle wear masks. However, if the format of their show necessitates it, they may perform without masks as long as they keep a certain distance from each other.
- Overcrowding should be avoided and frequent ventilation should be provided in waiting rooms and waiting areas for cast members and performers.
- A minimum distance of two metres from the stage to the audience is to be maintained when cast members are singing.
- Eating and drinking should not be permitted except in areas where appropriate infection control measures have been implemented. The drinking of water will be permitted in order to avoid the risk of heatstroke.

(3) Collection points (meeting areas for torchbearers)

- Ventilation fans should always be used if available, and consideration should be given to opening windows and doors as much as possible. The use of rooms that cannot be ventilated is to be avoided.

- In waiting rooms, dressing rooms, rest and standby areas, etc., measures should be taken to limit the number of participants who can enter at one time and consideration given to avoid crowding.

3. Stakeholder-specific Countermeasures

(1) Torchbearers (including team torchbearers, support runners and escorts)

① Measures to be taken until the day before each OTR

Rules should be communicated to torchbearers in advance that they must adhere to in order to prevent the spread of infection. If they do not comply with these, in principle they should be refused participation.

- Torchbearers will be asked to cooperate with any requests from Tokyo 2020 to confirm their health status.
- If torchbearers show symptoms of infection within two weeks prior to an OTR, they must observe Tokyo 2020's relevant policy (See 4 (1) below for details)

② Measures to be taken on the day

a) Admissions

When health checks at receptions reveal that a torchbearer has any of the symptoms listed in 1 (2) ④ b, this should be reported to Tokyo 2020 and the torchbearer should be instructed not to participate in the relay. In addition, if a torchbearer has a fever of 37.5 degrees or higher, and their temperature does not fall after they have rested in the shade for a certain period of time, they should be instructed to refrain from running (if their regular body temperature is always high or there are similar circumstances, they should be asked to notify this in advance).

b) While running

- As a general rule, torchbearers should wear masks, although they may run unmasked if they maintain a certain distance between each other.
- While team torchbearers should in principle wear masks, they may run unmasked if they maintain a certain distance between each other. This should also apply to support runners.

- iii. Torchbearer escorts should in principle wear masks. However, this rule may be waived under certain circumstances, such as when they are required to provide guidance and/or assistance for a torchbearer.

- c) Torch Kiss Points where the flame is passed between torchbearers
 - i. Torchbearers should position themselves side-by-side rather than face-to-face to avoid close contact with each other.
 - ii. During the “Torch Kiss” poses proposed by Tokyo 2020, consideration should be given to ensure torchbearers do not come into contact with each other.

- ③ Other considerations
 - a) Materials and equipment

Materials and equipment that are more likely to be touched by torchbearers and operation staff, etc., should be disinfected.
 - b) Torchbearers coming to Japan

Government immigration policy must be observed when dealing with torchbearers who are coming to Japan from overseas.
 - c) Celebrity torchbearers

The appropriateness of including celebrity torchbearers who are likely to attract crowds of spectators along the roadside should be carefully reviewed; plans drawn up prior to the postponement of the Games should be revisited to ensure there is no risk of infection, and if necessary, measures to avoid crowding should be implemented in consultation with the relevant prefectural task force and the Organising Committee, including cancellation of the participation of the celebrities.
 - d) Torchbearers from other prefectures

Appropriate measures based on the advice of infectious disease experts should be taken to prevent infection when torchbearers travel across prefectural borders, including the conducting of inspections and rules governing people’s behaviour and movement.
 - e) Media areas

The layout of areas where media will interview torchbearers needs to be planned in

such a way that allows them to maintain physical distancing. Rules governing the filming of interviews are under consideration.

(2) Operations staff and others

① Measures to be taken until the day before an OTR

- a) Regular inspections should be conducted of operations staff engaged on a long-term basis. Implementation of these for other operations staff should be considered as needed.
- b) In order to limit the outbreak of any infection, operations staff should as far as possible be divided into fixed groups.
- c) Operations staff should comply with the following regulate (those who fail to do so should not be retained):
 - i. They should create their own daily health checklist and report, submitting these as needed.
 - ii. If they become infected with COVID-19, have had close contact with an infected person, or are suspected of carrying the virus, they should follow the instructions of the person in charge (see 4 (4) below for details).
 - iii. They should take all necessary steps to avoid the risk of infection, such as avoiding the “3Cs” (Closed, Crowded or Close-contact areas), even during their off-duty hours, including days off and after work.
- d) Final test runs, meetings and meeting rooms
In order to prevent infection among operations staff, disinfection materials should be made available to allow the cleaning of shared spaces including conference and meeting rooms. Staff should maintain social distance when checking relay routes and having discussions at meeting rooms, etc.

② Measures to be taken on the day

After implementing the basic measures described in "1. Basic Measures", operations staff should pay particular attention to the following points:

- a) Things all staff should keep in mind
 - i. Flame attendants (operations staff who will guide torchbearers while they are running on public roads) as well as other staff are in principle required to wear

masks. They will not be required to wear masks when moving to the next Torch Kiss point, as long as they are alert to the risk of infection, not talking loudly and maintaining physical distancing from each other and from other people.

- ii. Operations staff, those assisting at Celebration venues, security staff and others supporting the OTR should refrain from shouting or calling out to spectators along roadsides and at ceremony venues; where necessary they should consider using a megaphone, loudspeaker or similar.

b) Lunch time

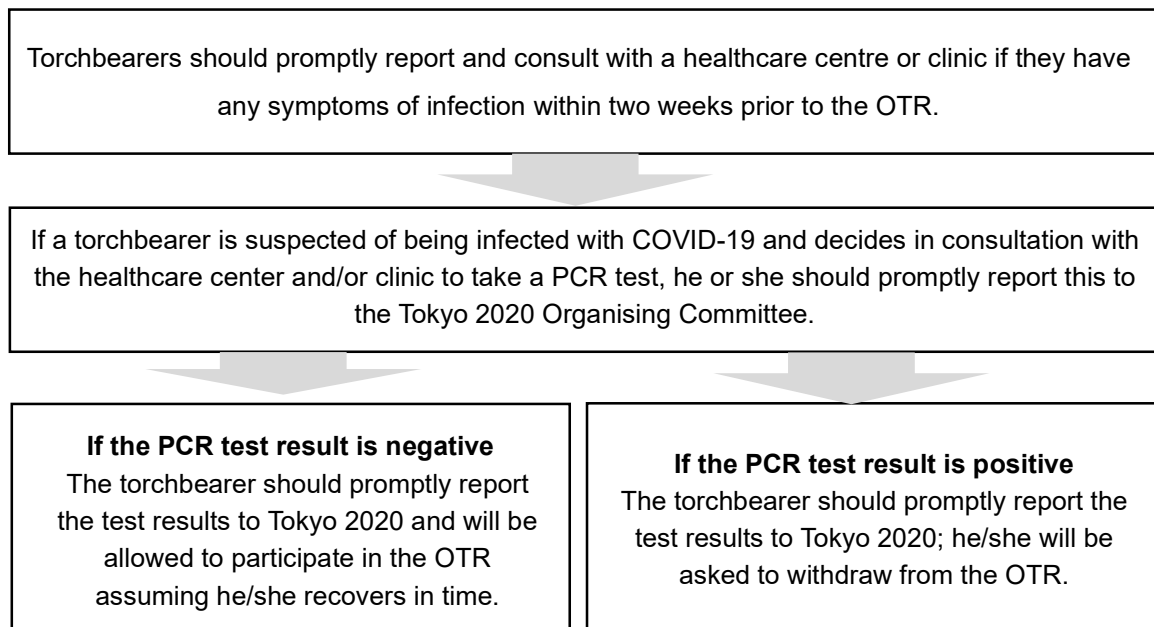
- i. While eating and drinking, operations staff are to keep distance from the people around them as much as possible, avoid face-to-face conversation, and keep their conversations to a low volume.
- ii. They should not serve or share food with the same tongs or pass drinks or soup around.

c) Media area

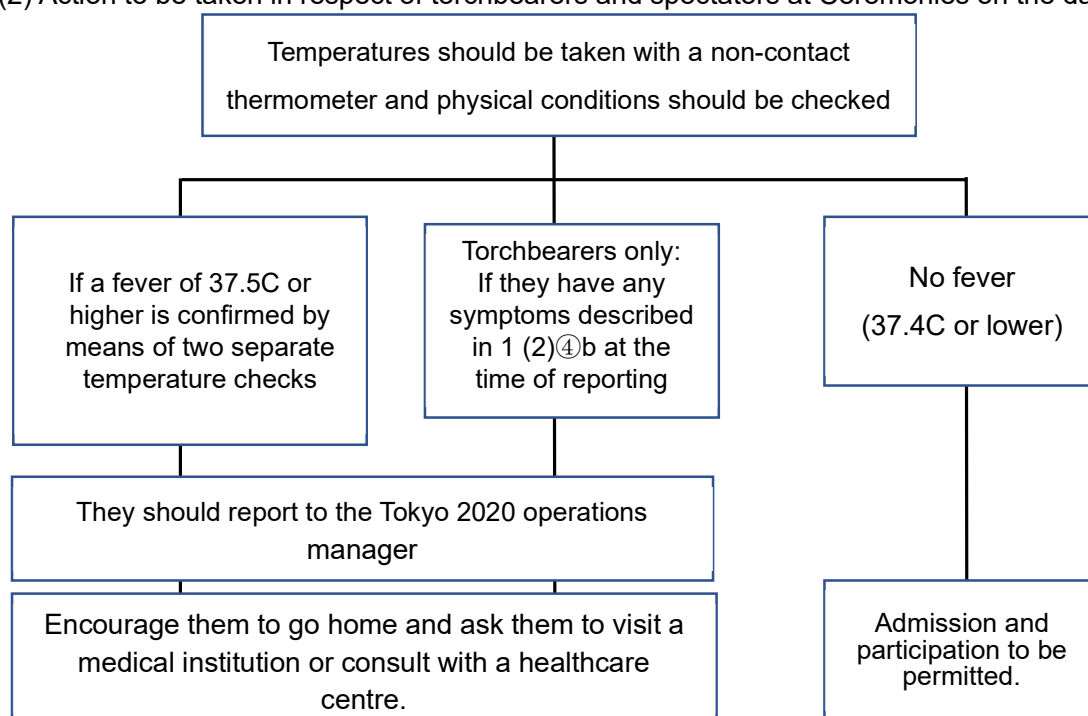
When media areas are being set up, a layout allowing maximum physical distancing should be created. Staff dealing with the media should remind participants not to stand or sit close each other. Please note that the process for filming interviews is still under consideration.

4. Procedures if participants feel unwell

(1) Action to be taken by torchbearers until the day before the OTR



(2) Action to be taken in respect of torchbearers and spectators at Ceremonies on the day

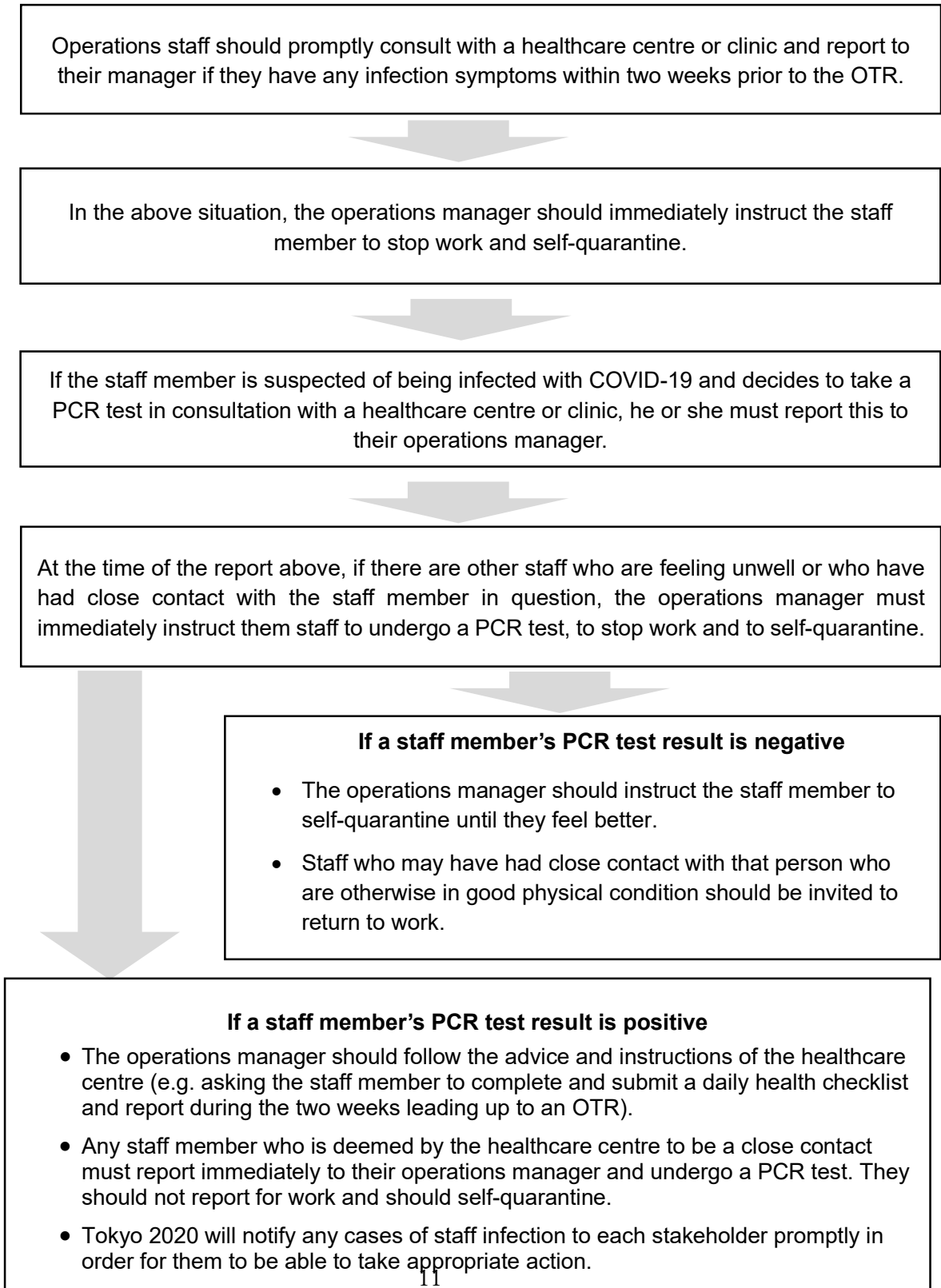


(3) Action to be taken by torchbearers, other participants, roadside spectators and those at ceremony venues following the Olympic Torch Relay

After each Olympic Torch Relay segment ends, torchbearers, other participants, roadside spectators and those at Ceremony venues must promptly report to Tokyo 2020 if they

become infected with COVID-19 within two weeks.

(4) Action to be taken by operations staff.



(5) Use of contact-tracing applications

All OTR participants should be encouraged to install and register with the Contact Confirming Application (COCOA) provided by the Ministry of Health, Labour and Welfare. If they become infected with COVID-19, the instructions contained in the COCOA application should be followed.

(6) Decision re continuing the OTR

If individual operations staff or other participants are exposed to COVID-19, the Olympic Torch Relay should in principle still go ahead if it is determined that infection has not spread to others. However, if there is any concern that a cluster infection may occur or have occurred owing to the number of close contacts, consideration should be given as to whether to postpone the OTR to the following day or later.

5. Others

Depending on the severity of any infection situation, it may be necessary to take countermeasures in line with national and/or regional government regulations in order to prevent further spread of the disease. These may include requesting people to refrain from viewing the OTR along roadsides or changing the relay routes.

Definition of Terms

- Olympic Torch Relay participants

Roadside spectators; cast members, performers and spectators at Celebrations, Mini Celebrations or Departure Celebrations (“Ceremonies”); torchbearers; support runners; roadside cast members and performers; media representatives; operations staff including volunteers.